## SAINT PATRICK'S BREASTPLATE

I arise today
Through a mighty strength,
The strong name of the Trinity,
By invocation of the same,
The Three in One, and One in Three.

I arise today
By the power of faith and
Through the strength of Christ's birth, His baptism,
Through the strength of His crucifixion and burial,
Through the strength of His resurrection
and His ascension,
Through the strength of His descent for the judgment of Doom.

I arise today Through God's strength to pilot me: God's might to uphold me, God's wisdom to guide me. God's eye to look before me, God's ear to hear me, God's word to speak for me, God's hand to guard me, God's way to lie before me, God's shield to protect me, God's host to save me From snares of devils. From temptations of vices, From everyone who shall wish me ill, Afar and anear, Alone and in multitude.

I summon today all His power to stand
Against all Satan's spells and wiles,
Against false words and heresy,
Against the knowledge that defiles,
Against the hear's idolatry,
Against the wizard's evil craft,
Against the death-wound and the burning,
The choking wave, the poison'd shaft,
Protect me, Christ, till Thy returning.

Christ be with me, Christ within me, Christ before me, Christ behind me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ in breadth. Christ in length, Christ in height, Christ to comfort and restore me, Christ in quiet, Christ in danger, Christ in hearts of all that thinks of me, Christ in the mouth of every man who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me. I arise today Through a mighty name, The strong name of the Trinity, By belief and confession of The Three in One, and the One in Three, The Creator of creation. Eternal Father, Spirit Word, Praise to the Lord of my salvation: Salvation is of Christ the Lord. O Lord, be ever with me. Amen.